

Example Skin Testing Procedure

Preparation

1. Position the tray containing the serum so that the arrows at the top of the testing handles are facing away from you
2. Handle furthest to the left is seated in row A1 & A2. The furthest to the right is row D1 & D2
3. Prep the patient's forearm by cleaning with alcohol wipes
4. Locate the middle of the forearm and using a skin pen, draw a line to divide each forearm into two testing regions



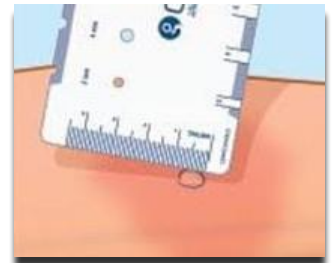
Testing

1. Open four new testing handles and set aside.
2. Remove the test handle from the A group of the tray containing the serum with the top arrow facing towards the patient, place onto the skin in the A region
3. Press firmly and rock back and forth for a few seconds.
4. Discard the used tester and place a new unused test handle back on Column A of the tray containing the serum. Continue with each of the columns until you have completed all four
5. If there is excess allergen on the skin, simply place a paper hand towel over the forearm and blot down. **Do not wipe.**



Measuring the Reaction

1. Set a timer for 15 minutes
2. At the 15 minute mark, begin measuring each wheal (raised welt) or if no welt, measure the flare (red area) in Column A using the provided measuring tool
3. Start at the top left of each region starting with region A. Measure each spot moving top to bottom in row 1, then move to top right and measure each top to bottom in row 2
4. Record each measurement on the screening sheet
5. Repeat measuring procedure for each region



Completion

1. Once all measurements have been recorded, use alcohol wipes to clean off the forearms
2. Apply cortisone cream or Benadryl cream to reduce itching

Ordering Therapy

1. Open your Nationwide Allergy portal
2. Complete the top portion then input the measurements for each group A, B, C, D
3. You can also upload blood test results by scrolling down to the file upload section towards the bottom
4. Complete payment screen



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